


The Association of Danish Physiotherapists

## Benedikte Steinrud


Adviser in professional development  
The association of Danish physiotherapists



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## Developing a model for specialisation within the physiotherapy profession in Denmark

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## Clinical skills

## Theoretical knowledge

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## Improve clinical practice by:

- ◆ Research in physiotherapy
- ◆ Evidence-based practice

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## The Danish model should comply with:

- ◆ The WCPT statement on specialisation
- ◆ The ER-WCPT concept of specialisation

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## What does the ER-WCPT concept comprise:

- ◆ Apply knowledge
- ◆ Mediate knowledge
- ◆ Develop knowledge


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Apply knowledge  
Mediate knowledge  
Develop knowledge

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An area of knowledge includes:

- ◆ Evidence-based practice
- ◆ Assessment methods
- ◆ Treatment concepts
- ◆ Supervision

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The areas of knowledge are:

- Musculoskeletal Physiotherapy
- Neurophysiotherapy
- Paediatric Physiotherapy
- Geronto-geriatric Physiotherapy
- Psychiatric and psychosomatic Physiotherapy
- Rehabilitation
- Health promotion and prevention

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What qualifications are required  
to be a specialists?


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Specific types of competence for  
the specific areas

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Ad hoc group:

- One physiotherapist member of the interest group
- One academic physiotherapist
- One teacher concerned with the education of physiotherapists
- One physiotherapist with a broad clinical practice

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### Requirements for entrance:

- ◆ Basic education in physiotherapy
- ◆ Danish authorisation
- ◆ Working as a physiotherapist in clinical practice
- ◆ Member of The Danish Association
- ◆ Two years general professional experience

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### Clinical education

- ◆ 3 years of clinical work within the specialist area
- ◆ Giving and receiving supervision: 150 hours
- ◆ Documented continuing professional education with relevance to the specialisation area

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### Theoretical education

- ◆ Master/candidate degree
- ◆ Lectures with topics concerning the relevant specialist area
- ◆ Documented participation in courses, workshops or conferences

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### ECTS

### European Credit Transfer System

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### Outcome of:

the clinical education 60 ECTS

the theoretical education 60 ECTS

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### The visions are:



That the National Board of Health will recognise our specialists.

That new positions and higher wages will be negotiated

That research done by the specialists in clinical practice, clinical quality will improve

European cooperation among the specialists in the ER-WCPT

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 <p>The Association of Danish Physiotherapists</p>	<p>Thank you for your attention</p>  <p>Estoril 2004 - Benedikte Steinrud</p>
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